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Don't Be Weighed Down With Worries And Cares

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God is for us and has planted His love on the inside of us and He is going to be with us all the time, never leaving or forsaking and He wants our deeds or testimonies spoken of in the earth today, so that all will know that there is a God. Greatness is on the inside of us and His plan for us has never changed.

Mark 6:34 "And Jesus, when he came out, saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things." KJV

Mark 6:34 "As Jesus landed, He saw a great crowd waiting, and He was moved with compassion for them, because they were like sheep without a shepherd; and He began to teach them many things." AMP

Jesus was moved with compassion and began to teach them. Compassion always moves to meet another person's need, not just having empathy. In teaching them, He began to give them the answers in the Bible, the principles of faith which never change, telling them that they would have challenges and mountains rising in their lives, but He gave them mountain moving faith.

We are mountain movers because of Jesus being on the inside of us. This teaching today is about the worries and cares of life and how to deal with them. Worries and cares are "blessing blockers" they will keep the Word of God from producing in our lives; they will keep trust and faith limited. Trust and faith are very closely related, trust comes from knowing the character of God, and faith comes from knowing the Word of God and what has been promised to us. Trust comes from knowing His character, that He is good and that He is for us. God is on the job.

1 Peter 4 12-13,19 "Friends, when life gets really difficult, don't jump to the conclusion that God isn't on the job. Instead, be glad that you are in the very thick of what Christ experienced. This is a spiritual refining process, with glory just around the corner. 19 So if you find life difficult because you're doing what God said, take it in stride. Trust him. He knows what he's doing, and he'll keep on doing it." MESSAGE

As we begin to hear the Word of God and are being taught, Mark 4, Matthew 13 and Luke 8 tells us how the enemy immediately comes to steal from us as we receive in our hearts the Word.

We all will be challenged from time to time with worries and cares, but the Word tells us what to do with them and how to do it. Casting our cares and worries away and becoming a doer of the Word.

Matt 6:34 "Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof." KJV

Thoughts are the cares and worries. Jesus completed the work before the foundation of the world, providing a rest from laboring or being heavy-laden and overburdened. Faith has a rest

with it, as believers we must learn how to enter into the rest He has provided.

Matt 11:28-30 "Come to Me, all you who labor and are heavy-laden *and* overburdened, and I will cause you to rest. [I will ease and relieve and refresh your souls.] 29 Take My yoke upon you and learn of Me, for I am gentle (meek) and humble (lowly) in heart, and you will find rest (relief and ease and refreshment and recreation and blessed quiet) for your souls. 30 For My yoke is wholesome (useful, good—not harsh, hard, sharp, or pressing, but comfortable, gracious, and pleasant), and My burden is light *and* easy to be borne." AMP

Cares and worries are "blessing blockers" and will choke the Word that is in us. They are like a weed that tends to choke and keep things from growing. The enemy will try to squeeze us out of faith causing us to have sense knowledge in a situation instead of faith. He will try to deceive us, and we must learn how to resist him, holding on fast, not letting him get a hold on what we are believing for. We must continue to fight the good fight of faith, not giving up or giving in. The enemy is not going to leave until we command him to go in Jesus name.

Example given of receiving delivery from UPS, they try to leave a package, but it must be signed for, if there is no one around they will take it back and try again several times to deliver, if unable to, they will eventually return it to sender. The enemy works like that, wanting to leave a package (cares and worries) with us, wanting us to receive and sign for it but we must learn how to refuse and continue to refuse until he takes the worries and cares back. This is done by using the authority that we have been given in the name of Jesus.

Worry is designed to move us out of faith and into anxiety and fear. Care or worry means to pull in different directions away from the answer, consuming us with the problem, our trust begins to fail and we become weighed down. When we know what worry and care is designed to do, we won't be signing for the package.

Jesus gives an invitation to us that will free us from the law and world pressures. He will give us rest. We may have learned from previous experiences and been told that God's ways are hard, but that is not true. He loves us and has made only the best available to us. We are more than conquerors, we are overcomers, and we are delivered from any addiction regardless if it is chemical or something else. There is a renewing of our minds involved in this, we are no longer conformed to the world but are transformed by the renewing of our minds. We are coupled together with Him, Meek is strength in control, being coachable and teachable. God's way is not hard.

Matt 11:28-30 "Come unto me, all ye that labour and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. 30 For my yoke is easy, and my burden is light." KJV

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In the midst of the trials and disappointments we encounter, run to Jesus, nestle down in His love and take His rest that is offered. Rest means to be exempt from that which comes to destroy. This is God's plan for us.

1 John 5:3 "For this is the love of God, that we keep his commandments: and his commandments are not grievous." KJV

John 16:33 "These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world." KJV

Holding on to the worries and cares that we encounter will begin to cause serious problems for us. We may be able to handle them for a short period of time, but this is what they are designed to do, wear us out, and make us feel the pain of it. We must learn how to deal with them, if we allow them to become part of us, they will take us down. Jesus has overcome the world for us and we must learn how to cast those cares and worries over to Him.

A story was told of Steven Merritt and his wife who had been praying for their son, he was continually in trouble with the law, they thought that they had trusted the Lord, but God spoke and told them they were in fear and until they turned the situation over, nothing would be done. They did this, denying that they had a son, even when they thought that he had died, then one day, their son appeared a different man, he had received Jesus as his Lord and was saved and cleaned up. They had learned how "to cast their cares".

Cares, worries and anxieties will cause us to be "worn out", unable to cope with things around us. Physical work does not cause this. How do we handle our cares?

1 Peter 5:7 "Casting all your care upon him; for he careth for you." KJV

Casting does not mean that the problem ceases to be, but we are not to continue to bear the problem. It is something deliberate that we do, casting it over on Jesus.

1 Peter 5:8-10 "Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: 9 Whom resist stedfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world. 10 But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you." KJV

Resist means not to adopt the plan, don't sign for the plan. How do we keep the problem over on Jesus? Don't be consumed with the problem, don't talk about it, but think on the things of good report.

Phil 4:6-8 "Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. 8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things." KJV

Matt 6:31 "Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?" KJV

Don't talk about the problem, don't be meditating or thinking about it all the time. What do we do?

Pro 16:3 "Roll your works upon the Lord [commit and trust them wholly to Him; He will cause your thoughts to become agreeable to His will, and] so shall your plans be established *and* succeed." AMP

Psalms 37:4 "Delight thyself also in the Lord: and he shall give thee the desires of thine heart." KJV

Our core value as a church is wisdom, faith and family. God's wisdom is success for our lives. What does He want for us? He wants us healed, whole and winning, encouraging ourselves, no complaining, guarding our thought life, our testimonies spoken of. God has planted love in us. Victory in Jesus!!

A word was given for the church:

Remember nothing is impossible with Me, you have allowed the worries and cares of this life to limit Me in your situation, but if you will totally, totally, totally trust Me nothing is impossible with Me.